



15.9.2023

Dear Parents/Carers,

I am writing to let you know about Shoreditch Park Primary School's work with Place2Be, a national charity supporting schools to improve the confidence and wellbeing of children and young people.

Place2Be provides emotional and therapeutic support to pupils, families and staff in more than 250 schools nationwide.

It gives pupils a space to express themselves through talking and creative work, and to think about any worries they might have. Place2Be also provides support for parents and staff too.

### **Place2Talk**

One of the most popular aspects of this service is called 'Place2Talk'. It's open to all pupils, and they can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of pupils in Place2Be's schools take advantage of this service every year. Pupils often talk about friendships or any worries they may have.

Place2Be will record your child's name, date of birth, year group, gender, ethnicity, the broad topic of discussion and any actions taken as a result of the session. This information is stored securely. It is used in key coded form to evaluate Place2Be's service and improve our work. Please see the school website, for more information on this: <https://www.shoreditchpark.hackney.sch.uk/our-school/mental-health>

### **Parental Agreement for Accessing Place2Talk**

Unless we hear otherwise from you, the school and Place2Be will assume that your child has parent/carers' permission to come to Place2Talk.

If you would like to find out more, or would prefer that your child does not use this service, please contact me on 07977058365 and I will be very happy to answer any questions.

Yours Sincerely,

Laura Serrani

Mental Health Practitioner/ Counsellor

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I **do not** want my child to participate in Place2Talk.

Name of child/young person..... Class/form .....

Name of parent/carer .....

Signature ..... Date .....